



**AUGUSTA  
SENIOR CENTER INC  
640 Osage Street  
Augusta, Ks 67010  
316-775-1189**

**FEBRUARY 7TH IS NATIONAL SEND A CARD TO A FRIEND DAY!**

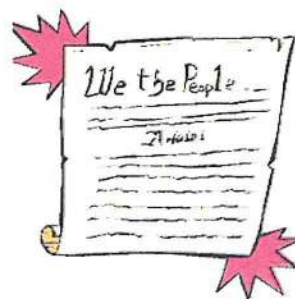
**I SEND A LOT OF CARDS THROUGHOUT THE YEAR  
AND RECEIVE BACK MANY "THANK YOU"!**

**PEOPLE LIKE TO BE REMEMBERED AND THOUGHT OF,  
SO FIND SOME PRETTY CARDS AND SEND OUT!**

**AND DO NOT FORGET TO CHECK ON YOUR ELDERLY NEIGHBORS!**



**THE DECLARATION OF  
INDEPENDENCE  
BY REX CAGLE**

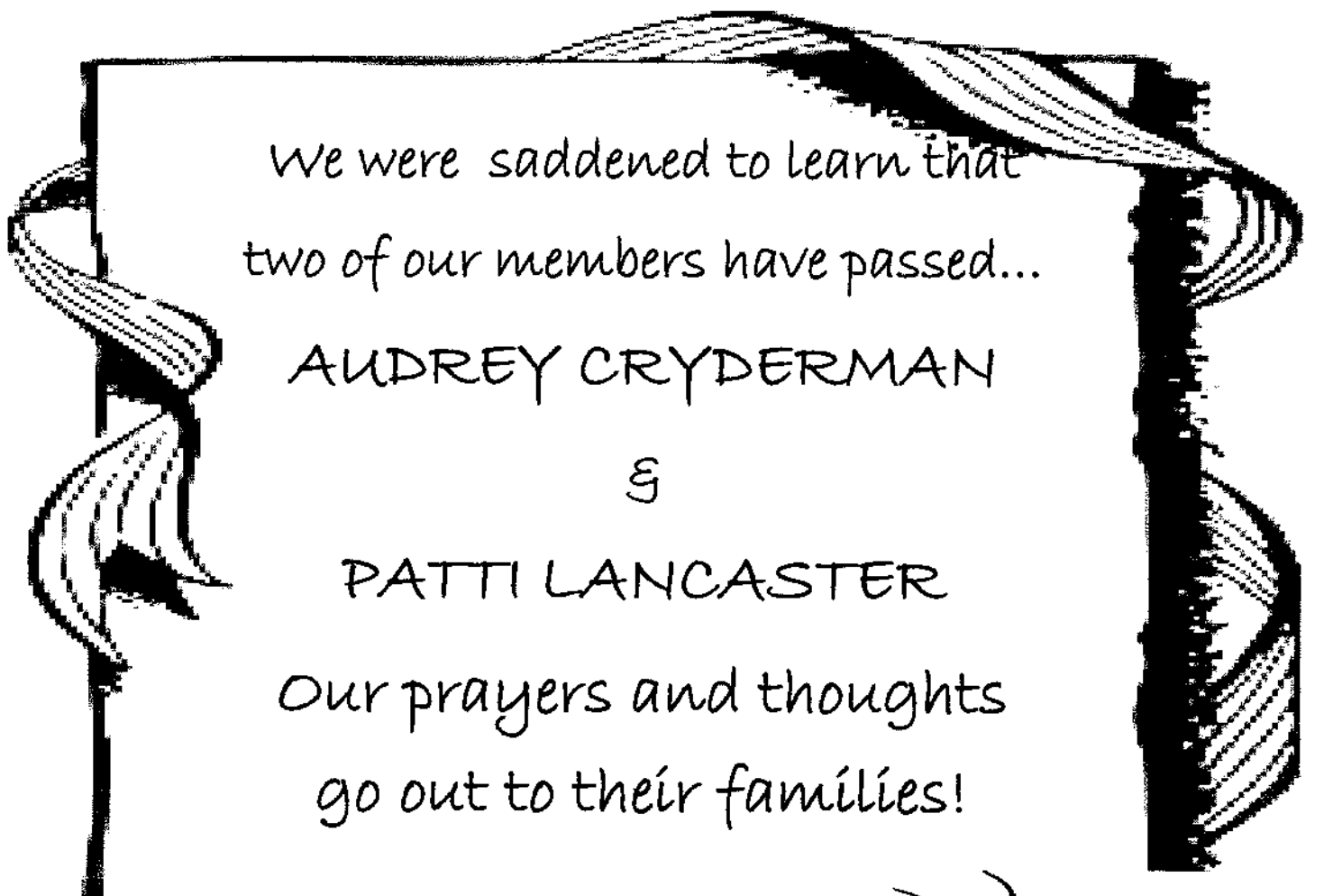


**(AUTHOR OF DECLARATION OF INDEPENDENCE FOR KIDS!)**

**WILL LEAD THE LESSONS ON THIS STUDY OF "WE THE PEOPLE".**

*Please contact DeAnn at center if you are interested in this study!!*

**SEE MORE INFO IN NEWSLETTER!**



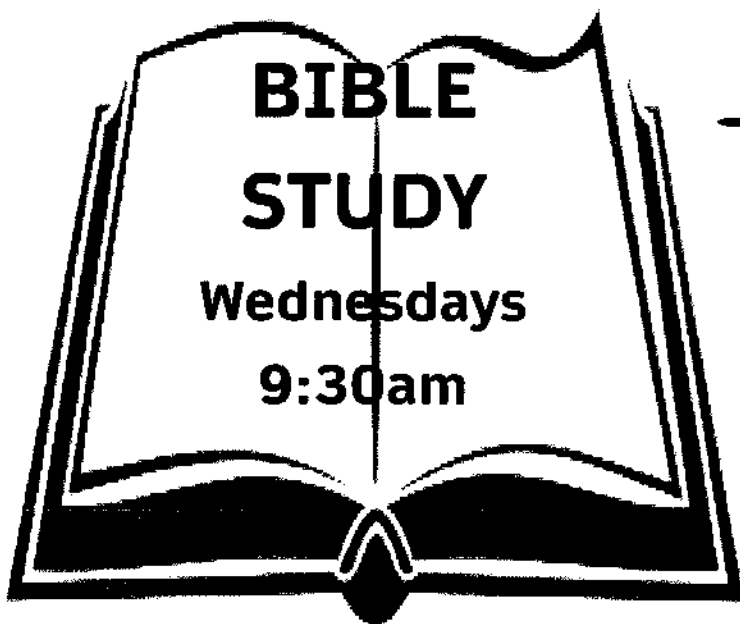
We were saddened to learn that  
two of our members have passed...

AUDREY CRYDERMAN

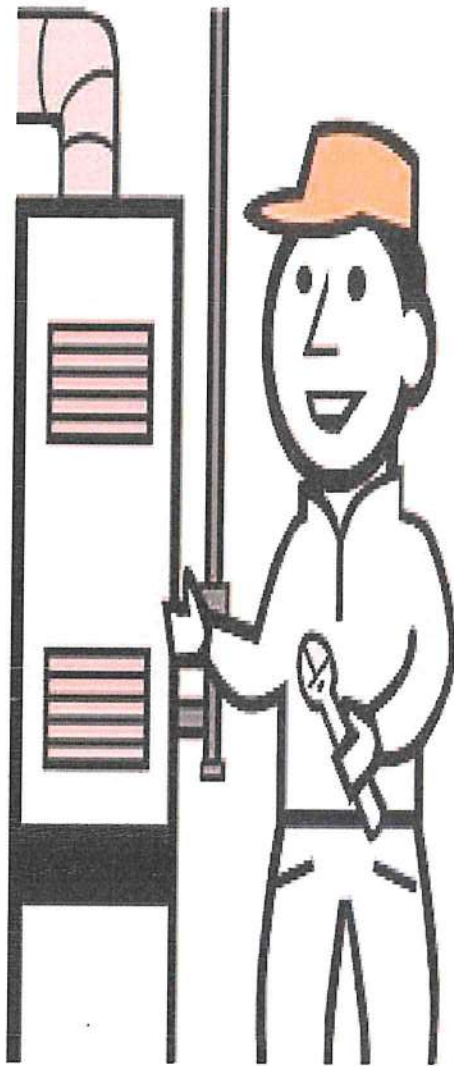
&

PATTI LANCASTER

Our prayers and thoughts  
go out to their families!



**KOFFEE  
KLATSCH  
TUESDAYS  
9:30am**



**We all want to thank  
Travis Keyser with NAVIEN HVAC  
for the donation  
of a furnace for the center!!!**

**We also want to thank  
PD Heating & Cooling  
of Andover  
for donating their labor  
to install the unit!!**

**We appreciate all they have done  
for our Senior community!!**

*We also want to thank  
Tabitha & Kenny Burnett  
&  
HOC of Wichita  
(Kenny's work place)  
for helping pay for the parts,  
etc of the install!!*





## THANK YOU

PAUL OLIVER, TERRI CHINN, PAULA RATCHFORD, JANE  
MATHIAS, KAREN DEEVER, RITA GRIMES, PATTI NEELEY, DEB  
LUCAS, MICHELLE DAVIS, BONNIE THORNBURG AND  
SO MANY OTHERS FOR BINGO GIFTS!

PAULA RATCHFORD FOR ART SUPPLIES!!

PEGGY SCHNEIDER FOR THE FABULOUS CROUTONS!

GLORIA HEBEL FOR THE SWEET HOLIDAY BOXES FOR THE TABLES!

TO THE MANY WHO BROUGHT IN GIFTS OF PAPER GOODS!!!

PHYLLIS COLLINS FOR CANDY BOWL GOODIES AND ART SUPPLIES!

TO YOU WHO ATTEND OUR SOCIALS AND GAME DAY  
AND BRING SUCH WONDERFUL DISHES TO SHARE!

BILL BUGGELN FOR WASHING MY DISHES!!

THANK YOU PAUL OLIVER & JOHN REID

OR PUTTING UP THE CRAZY SAYINGS ON THE SIGN!!

I WANT TO THANK MY GREAT BOARD OF DIRECTORS!!

PRESIDENT JOYCE MCELHINEY

VICE PRESIDENT BILL JOHNSON

TREASURER PATTI NEELEY

GLORIA HEBEL

LINDA CORY

# -WANT LIST-

Art & Craft Supplies

Old Buttons/Jewelry      Office Supplies

Paper Plates - 12 inch & 6 inch

16oz Cups

Members & Sponsors!!!

*Yarn!*



Crabby Road

2-15-12



# **THRIVE**

**THRIVE'S KANSAS CARE'S**

**PROGRAM NAVIGATOR'S**

**PROVIDES FREE ASSISTANCE TO ANYONE  
WHO WANTS TO LEARN MORE ABOUT THE  
PROGRAM AND APPLY FOR ASSISTANCE.**

**Join us to visit with Andrea  
about this unique program!**

**Thursday February 6th 11:45am**



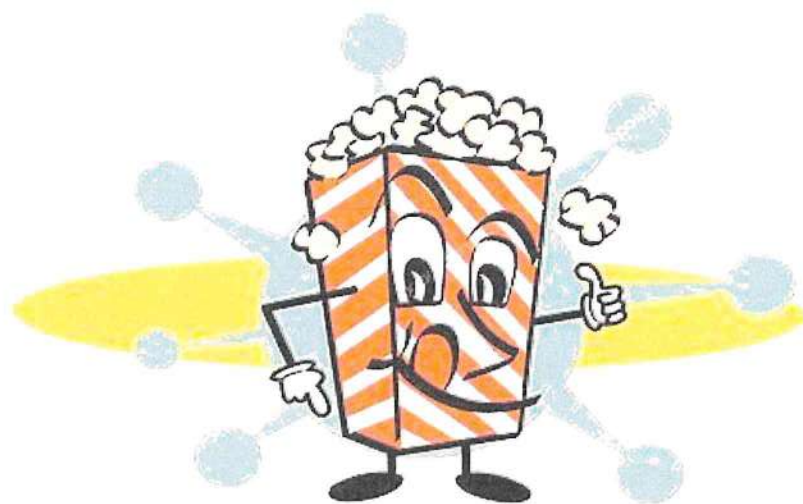
# SUPER BOWL

**PARTY! PARTY!**

February 9th

5pm

Bring snack to share!



**S N A C K S !**

# Arts & Crafts

## RETREAT!

February 15th 10am

\$5

Soup for lunch!!





-SATURDAY NIGHT SOCIAL-

# PIE BAKE OFF

Must have a crust....

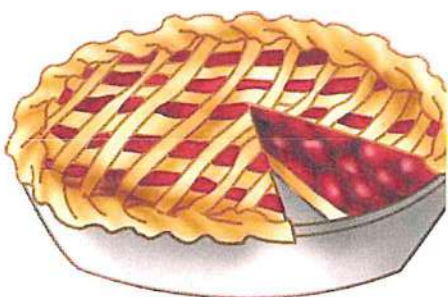
If bringing a pie for contest,

Sign next sheet....

February 22

5pm

Prizes~~



SILVER HAIRIED

LEGISLATOR

February 25th 11:45am

LeRoy Burton

Current news from the Capital!



**-EMPOWER-**

**PHYSICAL THERAPY**

**Dr Kaycee Adair**

**"HOW TO FALL!"**

**March 26th**

**11:45am**

**Please Sign Up so I Can Call YOU!**





# Valentine's Quilt Raffle!

(thru February 14th)

Large quilt is  
embroidered with hearts!

Come in to purchase  
some tickets to WIN!

\$3 each or 4 for \$10!

Included are 2  
decorative pillow,  
a scarf, a Valentine  
Gnome, chocolates and  
a candle!



# ***Introduction to the Constitution LESSONS***

1. The Declaration of Independence-  
Universal and particular.
2. The Declaration of Independence- The Laws of  
Nature and Natures God
3. The Declaration of Independence-All Men are  
Created equal
4. The Consent of the Governed
5. Representation of the People
6. Sovereignty and Power
7. Reason and Passion
8. The Separation of Power
9. The Necessity of Virtue
10. Ballots Rather Than Bullets
11. The Problem with Big Government
12. The Problem with Progressivism

The American Founders believed that the principles of the Declaration and Constitution were not simply preferences for their own day, but were truths that the sovereign and moral people of America could always rely on as guides in their pursuit of happiness. This course considers the principle of the American Founding-which are described most famously and concisely in the Declaration of Independence. Led by Hillsdale College President Larry P.

Arnn, the course also examines the major challenges posed by Progressivism to American constitutionalism.

The course is presented by Rex Cagle, (*Author Declaration of Independence for Kids*) each lesson is from 35 to 45 minutes long with time for review at the end of each lesson.

America has reached a cross road, will we remain a self-governing and free nation, or will we lose this freedom to the progressive movement. You cannot defend what you do not know. "*We The People*" are responsible for our form of government. Will America remain a Capitalist Republic if you don't raise up people who can defend her, if they don't know how to live in a self-government.

## **-SPONSORSHIPS-**

**We are looking for businesses or individuals who would like to support the Sr Center by sponsoring the different events that we have throughout the year! If you would like to help us with this, please call DeAnn at 775-1189!**

**WINNER OF  
THIS MONTHS  
FREE MEALS  
Ray  
Dickey!!**

**2025  
MEMBERSHIP  
DRIVE  
WE need YOU!!  
YOU need US!**

# Glazed Lemon Coconut Loaf



## INGREDIENTS

### BATTER:

- 1 cup sugar
- 5 tablespoons unsalted butter, melted
- 3 tablespoons vegetable oil
- finely grated zest of 1 lemon
- 1 teaspoon lemon extract
- 1 teaspoon vanilla extract
- ¼ cup milk
- 2 large eggs, at room temperature
- ¾ cup buttermilk
- 2½ cups all-purpose flour
- 2½ teaspoons baking powder
- ¾ teaspoon salt
- ½ cup sweetened flaked coconut

### GLAZE

*(optional, but highly recommended):*

- 1 cup confectioners' sugar
- 2 tablespoons lemon juice
- 2 tablespoons unsalted butter, melted
- ¼ teaspoon lemon extract
- ⅓ cup sweetened flaked coconut
- lemon zest (optional)

## DIRECTIONS

**For batter:** Preheat the oven to 350°F. Butter a 9x5-inch loaf pan and line it with parchment paper, if using. Combine the sugar, melted butter, oil, lemon zest, lemon extract, vanilla, and milk. Whisk well, to blend. In a separate bowl, whisk the eggs and buttermilk until evenly blended. Set aside. In another bowl, sift the flour, baking powder, and salt. Using a wooden spoon, stir a third of the dry mixture into the sugar mixture. Add half of the buttermilk mixture, stir until smooth, then add another third of the dry ingredients, the remaining buttermilk mixture, and the rest of the dry ingredients, stirring until smooth after each addition. Stir in the coconut. Scrape the batter into the prepared pan and smooth the top with a spoon. Bake on the center oven rack for about 50 minutes, until a tester inserted deep into the center of the bread comes out clean. The top will be deep golden brown. Cool the loaf in the pan on a rack for 10 minutes. Remove the loaf from the pan and cool to room temperature.

**For glaze:** Combine the confectioners' sugar, lemon juice, melted butter, and lemon extract in a small bowl. Whisk well, to blend. The glaze should have the consistency of heavy cream. Adjust, as needed, with a little more sugar (to thicken) or drops of lemon juice or water (to thin). Do not use milk; it could curdle the glaze. When the bread has cooled to room temperature, spoon the glaze evenly over the top of the bread, then immediately sprinkle with the coconut. Garnish with lemon zest, if desired.  
*Makes 10 to 12 servings.*



February 1	February 11	February 21
Charlotte Knotts	Connie Bourget	Barb Cerney
February 3	February 12	Virginia Barnett
Eldon Foreman	Marilyn Tuttle	February 22
February 5	February 12	Michel Moser
Precsilla Martinez	Bill Kinkaid	February 23
February 6	February 14	Glen Vance
William Buhr	Bonnie Sommers	Vicki Shepard
Kay Almond	February 18	February 26
February 7	Betty Poore	Barbara Ehert
Phyllis Winn	February 19	February 27
February 9	Marchelle Kerbs	Terry Nevins
Sandra Kingsbury	February 20	February 28
February 10	Alice Hicks	Leonard Wakefield
Paula Ratchford		



February 18	February 20	February 23
Tom & Patty	Paul & Kathy	Rolland & Pauletta
Leffler	Oliver	Benoit





# February Word Search

KEACPRIFQJNYAGJSFE  
 VWKHXEQAVYHFQGAFRP  
 ZRJONLDUQAMQEBVNI Z  
 AUNCSABFRULYGLKTEQ  
 SIVOBTSPLQAEEDDRMNW  
 ONRLFISEGOCRNXSYDB  
 JKSA BOPNEQWHIT EISC  
 QJVTBNRNWRTEOUIPSM  
 ILUEVSIYKGRFRNSNOE  
 VSFEBHNTEOWINTERET  
 EGBZAI GULPHRVRAYCI  
 JNRFGPSNMQLOVEJNK

- AQUARIUS
- CHOCOLATE
- FLOWER
- FRIENDS
- LOVE
- PENNY
- RELATIONSHIP
- SPRING
- VALENTINE
- WINTER

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Find the February Words



S H A D O W J G S K W E  
O N I K N T F X K L W J  
K M R Y L O B W B W I Y  
W X K E O W I S W E E T  
A H R J C Y Y M B F L G  
J B I O T C D R V J S U  
S D Y H O C H C G A C G  
X Z V G M H W A A W A I  
W Y B H U G S Z P R N V  
Q I A F E W T V A P D Q  
S C N D Z A V Z N Z Y S  
L G X T Y S R O K E X H  
C E F X E X C T W F U N  
V O F E B R U A R Y Z O  
Y Q L Y W P S X R S B K  
T N D D K I S S R F F D  
X J H P W N C R A P V K  
P K C X O K M I A D X M  
C E V X S W P I C N I C  
B S U G G Q J U E L P P  
R D J B E X E O Y L E J  
D O L O V E J Q F S Y D

Cold

Heart

Love

Shadow

Winter

February

Scarf

Icicle

Hugs

Sweet

Kiss

Fun

Candy

Cards

Pink

Happy

Picnic

# 2025








CENTER HOURS: MONDAY—THURSDAY 9—5PM

FRIDAYS 9—4PM

YEARLY MEMBERSHIP \$10

CENTER PHONE NUMBER 316-775-1189

# FEBRUARY




Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 9:00 Crochet! 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 BRIDGE! 1:00 PITCH! 1:30 Line Dancing	4 9:30 Koffee Klatsch 11:30 Lunch 12:30 Play Pool! 12:30 Games 12:30 PINOCHLE	5 9:30 Bible Study 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 HAND & FOOT	6 10:00 NO YOGA 11:30 Lunch 11:45 THRIVE 12:30 Games 1:30 Line Dancing 7:00 VFW	7  9:30 BINGO! 11:00 Exercise 11:30 Lunch 12:30 Games	8 Arts & Craft Retreat 10:00B Bring snack to share!
9 SUPER BOWL PARTY 5:00PM 	10 9:00 Crochet! 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 BRIDGE! 1:00 PITCH! 1:30 Line Dancing	11 9:30 Koffee Klatsch 11:30 Lunch 12:30 Play Pool 12:30 Games 12:30 PINOCHLE	12 9:30 Bible Study 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 HAND & FOOT	13 10:00 Yoga 11:30 Lunch 12:30 Games 1:30 Line Dancing 7:00 AM LEG	14  9:30 BINGO 11:00 Exercise 11:30 Lunch 12:30 Games	15 BISCUITS & GRAVY Scrambled eggs, juice & coffee 7—10 am \$67 -Sponsor- FRIENDS of ASC
16 	17 9:00 Crochet! 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 BRIDGE 1:00 Pitch 1:30n Line Dancing	18 9:30 Koffee Klatsch 11:30 Lunch 12:30 Play Pool 12:30 Games 12:30 PINOCHLE	19 9:30 Bible Study 11:00 Exercise 11:30 Lunch 12:00 Board Meetings 12:30 HAND & FOOT 1:00 PAINTER'S GUILD!!	20 10:00 YOGA! 11:30 Lunch 12:30 Games 1:30 Line Dancing 5:30 Supper with Friends KING'S BUFFET	21  9:00 BINGO! 11:00 Exercise 11:30 Lunch 12:30 Games	22 SOCIAL!! 5PM PIE BAKE-OFF SIGN UP!
23 	24 9:00 Crochet! 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 BRIDGE! 1:00 PITCH! 1:30 Line Dancing	25 9:30 Koffee Klatsch 11:30 Lunch 11:45 Silver Hair Legislator 12:30 Play Pool 12:30 Games 12:30 PINOCHLE	26 9:30 Bible Study 11:00 Exercise 11:30 Lunch 12:30 Games 12:30 HAND & FOOT	27 10:00 YOGA! 11:30 Lunch 12:30 Games 1:30 Line Dancing	28  9:30 BINGO! 11:00 Exercise 11:30 Lunch 12:30 Games	1 GAMES! 1pm Bring snack to share!

# February

## 2025

Serving Weekdays 11:30 am  
 Donation \$7 (\$8 take out)

Reserve meals the week before...775-1189  
 -Menu Subject To Change-

Sun	Mon	Tue	Wed	Thu	Fri	Sat
9 <b>Super Bowl Party</b> 5pm 	3 <b>GOULASH</b> Green Salad Garlic Bread Brownie	4 <b>BAKED HAM</b> Scalloped potatoes Green Salad Spice Cake	5 <b>CHICKEN &amp; NOODLES</b> Potatoes Corn Cherry Crunch	6 <b>PORK CHOPS</b> Dressing/Gravy Green Beans Roll Nat'l Frozen Yogurt Day!	7 <b>TOMATO SOUP SLIDERS</b> Orange Mandarin Salad Cookie	8  7-10am \$7 Inc eggs & drink! -Sponsor_ FRIENDS OF AUGUSTA!!
16	10 <b>HAM &amp; BEANS</b> Cornbread Nat'l Cream Cheese Brownie Day!!	11 <b>SMOTHERED CHICKEN</b> Corn Roll Green Salad Ice Cream Sundae	12 <b>SPAGHETTI MEAT SAUCE</b> Green Salad Garlic Bread ChocolateCake	13 <b>PORK CHILI</b> Flour Tortillas Relishes Pumpkin Pie!	14 <b>LASAGNA</b> Salad Garlic Bread Strawberry Fluff 	15 <b>A &amp; C Retreat</b> 10am Sign Up!
23	17 <b>BEEF STEW</b> Biscuit Pumpkin Chocolate Chip Bread <b>PRESIDENT'S DAY!</b>	18 <b>FRIED CHICKEN BREAST</b> Pots/Gravy Corn Biscuit Sherbert	19 <b>MEATLOAF</b> Pots/Gravy Green Beans Apple Crisp	20 <b>CHICKEN STUFFING</b> <b>CASSEROLE</b> Peas Salad Roll Nat'l Cherry Pie Day!	21 <b>CHILI DOG</b> Cornbread Calico Beans Ice Cream/Cookie	22 <b>SATURDAY SOCIAL</b> <b>PIE BAKE OFF!</b>
23	24 <b>HAMBURGER</b> <b>VEGETABLE SOUP</b> Biscuit Apple Sauce & Cookie	25 <b>BAKED HAM</b> Mac & Cheese Green Beans Pumpkin Pie!	26 <b>CHICKEN ENCHILADAS</b> Rice Chip & Salsa Brownies	27 <b>BREAKFAST</b> Peach Crisp <b>HAPPY BIRTHDAY!</b> 	28 <b>PULLED PORK SANDWICH</b> Chips Lemon cake	1 <b>GAMES!!</b> <b>1PM</b> <b>Bring snack</b>
Birthday Lunch is February 27th! If you are a member and have a birthday in February, YOU may eat FREE this day! MUST sign up by the Friday before!						
						